



Information Sheet

What are the dietary ingredients in each tablet?

Ascorbic Acid (Vitamin C) – 200 mg Hesperidin Complex (Bioflavonoids) – 150 mg Hesperidin Methyl Chalcone (Bioflavonoids) – 50 mg

How does PERIDIN-C® Vitamin C Supplement help to alleviate hot flashes?*

PERIDIN-C Vitamin C Supplement improves capillary strength* and maintains vascular integrity, reducing the physiologic potential for flushing.*

What are the possible side effects of PERIDIN-C Vitamin C Supplement?

One rare side effect noted is that perspiration might have a mild, unpleasant odor.

How many tablets should I take?

Suggested Use:

- As a Dietary Supplement: 1 tablet daily or as directed.
- FOR HOT FLASHES: 2 tablets, 3 times per day after meals. Reduce servings gradually after one month until effective daily intake is determined.

Where can retail customers obtain PERIDIN-C Vitamin C Supplement?

Local pharmacies may stock the product or special order it for their customers. You may also purchase PERIDIN-C Vitamin C Supplement directly by visiting us on amazon.com or call us toll free at 1-800-238-8542.

*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease



Ask your Beutlich® Representative for more information or contact us at 1-800-238-8542, M-F: 8:00 a.m. – 4:30 p.m. ET. www.beutlich.com